# SUMMER CAMP PREVIEW - SAVE THE DATE!



## **June 20-24**

#### **Field Hockey**

(Ages 7-15)
Learn stick handling,
strategy, defensive
positioning, and goal
keeping skills from top
area coaches and
players.

#### **Pee Wee Tennis**

(Ages 4-6)
Summer clinics for the little ones! We'll use slower bouncing foam balls, smaller racquets, shorter nets, and lots of teaching aids to create a success for all.

#### Volleyball

(Ages 8-15)

This camp will teach the basic skills of volleyball. You will also learn some game strategy and have fun playing the game of volleyball.

#### Soccer Camp

(Ages 7-15)
Work on dribbling,
passing, shooting, and
game strategy while
having lots of fun.

#### **Hook a Kid on Golf**

(Ages 8-14)
Participants will receive four days of instruction, along with a starter set of clubs, a golf shirt, and all the items needed to begin playing golf!

#### **Pee Wee Sports**

(Ages 4-6)
Learn some of the basics of soccer, baseball, hockey, and basketball while having lots of fun.

#### **Camp Wildwood**

(grades 1-3 in '10-'11)
Come enjoy a week in
the woods and along the
waters of the Motts Run
Reservoir wilderness!
This popular camp is
packed with daily hiking,
canoeing, nature crafts
and activities, snacks
and friends.

### **June 24**

## Soccer Goalie Clinic Camp

(Ages 7-15)
Learn the skills needed to play goalie for your recreation, school or select team. We will teach you ways to cut angles, distribute the ball, and set up your defense

## **June 21-25**

### Volleyball

(Ages 8-15)
This camp will teach the basic skills of volleyball.
You will also learn some game strategy and have fun playing the game of volleyball.

#### **Pee Wee Sports**

(Ages 4-6) Learn some of the basics of soccer, baseball, hockey, and basketball while having lots of fun.

## June 20-July 1

## **Up with the Arts**

(Grades K-6 in '09-'10)
Activities that will help
develop dramatic
appreciation and just
plain fun. Perform in the
grand finale production
and have plenty of time
for nature walks,
exploring the creek, and
enjoying the park.

## June 20-July 8

### **Youth Tennis Camp**

(Ages 7-15)
Opportunities for
everyone - basics for
beginners, repetition for
advanced beginners,
strategy and competition
for intermediates, and
challenging drills and
mental concepts for the
advanced.

# June 27-July 1

## **All Sports Camp**

(Ages 7-15)
Learn soccer, baseball, basketball, volleyball, football, kickball, field hockey, and lawn games during this week long camp.

#### **Basketball Camp**

(Ages 7-15)
Five days of basketball designed to increase the player's skills and court knowledge in a fun and non-competitive environment.

#### **Lacrosse Camp**

(Ages 8-15)
Learn America's fastest
growing team sport
during our New
Lacrosse Clinic.
Paricipants will be
taught throws, checks,
and defensive stratgies
during this three day
clinic.

#### **Pee Wee Tennis**

(Ages 4-6) See previous listing.

#### **Camp Wildwood**

(grades 4-6 in '10-'11) See prvious listing

## **July 5-8**

#### **All Sports Camp**

(Ages 7-15) Learn soccer, baseball, basketball, volleyball, football, kickball, field hockey, and lawn games during this week long camp.

#### **Teen Adventure**

(grades 7-9 in '09-'10)
Teens, get ready for an action-packed week!
Our days will be filled with team-building, racing to complete the Orienteering Course, swamping canoes, tubing on the Rappahannock River and showing off our skills at firebuilding.

# **July 5-9**

#### **Wrestling Camp**

(Ages 8-15)
Learn holds, shots, and pinning combinations from our excellent staff. It's a week of hard-driving fun.

#### All Sports Camp

(Ages 7-15) Learn soccer, baseball, basketball, volleyball, football, kickball, field hockey, and lawn games during this week long camp.

# **July 6 & 8**

#### **Fishing Adventures**

(ages 7-12)
Campers will learn the basics of casting, knot tying, baiting hooks, choosing lures, and understanding fish and their habitat.

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## **July 11-15**

#### **Pee Wee Tennis**

(Ages 4-6)
Summer clinics for the little ones! We'll use slower bouncing foam balls, smaller racquets, shorter nets, and lots of teaching aids to create a success for all.

#### **Wrestling Camp**

(Ages 8-15) Learn holds, shots, and pinning combinations from our excellent staff. It's a week of harddriving fun.

#### **Camp Wildwood**

(grades 1-3 in '10-'11)
Come enjoy a week in the woods and along the waters of the Motts Run Reservoir wilderness!
This popular camp is packed with daily hiking, canoeing, nature crafts and activities, snacks and friends.

#### **Camp Hideaway**

(Entering K or 1st in Fall '10) Kids love wading in Hazel Run, exploring the sandstone cave, snack and story time, arts and crafts and meeting friends!

# **July 11-22**

#### **Summer Fun**

(Age 4yrs - 4th grade)
With everything from
Cooking to Sports, Arts
and Crafts to Science
Experiments, your child
will have a great time
"exploring" all sorts of
topics!

## **July 11-29**

#### **Youth Tennis Camp**

(Ages 7-15)
Opportunities for
everyone - basics for
beginners, repetition for
advanced beginners,
strategy and competition
for intermediates, and
challenging drills and
mental concepts for the
advanced.

## **July 12-16**

#### **Basketball Camp**

(Ages 7-15)
Five days of basketball designed to increase the player's skills and court knowledge in a fun and non-competitive environment.

## **July 18-22**

#### **Pee Wee Tennis**

(Ages 4-6)
For the little ones! We'll use slower bouncing foam balls, smaller racquets, shorter nets, and lots of teaching aids to create success for all.

#### Football

(Ages 8-15)
Learn the skills from the coaches of the James
Monroe HS 2008 State
Champs prior to your season!

#### **Camp Wildwood**

(grades 2-4 in '10-'11) See previous listing.

#### **Camp Hideaway**

(Entering K or 1st in Fall '10) Kids love wading in Hazel Run, exploring the sandstone cave, snack and story time, arts and crafts and meeting friends!

## **July 25-29**

#### **Survivor Camp**

(Ages 8-16)
Do you have what it takes to Survive?
Challenge yourself mentally and physically in the water, in the air, and on the ground.

#### **Camp Hideaway**

(Entering K or 1st in Fall '10) Kids love wading in Hazel Run, exploring the sandstone cave, snack and story time, arts and crafts and meeting friends!

#### **Camp Wildwood**

(grades 1-3 in '10-'11)
Come enjoy a week in the woods and along the waters of the Motts Run Reservoir wilderness!
This popular camp is packed with daily hiking, canoeing, nature crafts and activities, snacks and friends.

## **August 1-5**

## **Camp Hideaway**

(Entering K or 1st in Fall '10) Kids love wading in Hazel Run, exploring the sandstone cave, snack and story time, arts and crafts and meeting friends!

## Registration

#### **Camp Wildwood**

(grades 4-6 in '10-'11)
Come enjoy a week in
the woods and along the
waters of the Motts Run
Reservoir wilderness!
This popular camp is
packed with daily hiking,
canoeing, nature crafts
and activities, snacks
and friends.

## **August 15-19**

#### **Softball Camp**

(Ages 8-15)
Work on your fielding, batting, catching and throwing skills too!

# Fencing – Sabre & Epee

(Ages 8-17) Learn saber or epee. Try the fast-paced speed & power of saber or the precision of epee.

## Fencing for Beginners

(Ages 8-17)
Our trained instructors teach you the fundamentals of this sophisticated sport.

# Intermediate Fencing

(Ages 8-17) Learn new skills and improve already learned skills. Learn advanced tactics & techniques.

# When does Registration begin for Camps?

Tuesday, April 12<sup>th</sup> for City Residents
Tuesday, April 19<sup>th</sup> for Non-City Residents
Each camp has limited space, which fills on a first-come, first-served basis. A registration form is required to sign up for camps. Birth certificates are required for all sports camps and for Summer Fun Festival Pee Wees, if one if not already on file. On-line registration is not permitted for camp sign-ups. Registration forms are available at the Dorothy Hart Community Center, 408 Canal Street. Forms may be downloaded from the web at: http://www.fredericksburgva.gov starting April 5th.